



Weekly Programme

beginning Friday 29th August

IBROX RECOVERY CAFE

Monday
5.30pm - 8pm

Football, TT, Bingo,
Recovery Share
AcuDetox

Ibrox Community Complex
80 Hinshelwood Drive,
G51 2XP

Women's Group

Tuesday
10.30am - 1.30pm

Groupwork, Meditation,
ArtsCrafts
Self Care sessions, Quiz, Bingo

Playbarn Youth Centre
37 Abbotsford Place, G5 9QS

Alcohol Focus Group

Tuesday
2pm - 4pm

Alcohol Focused Groupwork,
Presentations, Recovery Share,
Quiz, Bingo

Playbarn Youth Centre
37 Abbotsford Place, G5 9QS

Cessnock Recovery Cafe

Thursday
12.30pm - 3.30pm

Acudetox, TT, Quiz, Fitness class
Massage, Recovery Share, Bingo

Ibrox Parish Church
67 Clifford Street, G51 1QH

RAFT

Friday
4pm - 8pm

MAT Meeting

Friday

4.45PM - 5.45PM

TT, Massage, Bingo

St. Francis Community Centre
405 Cumberland Street, G5 0SE

**Our main office will now
be based at
51 Greendyke St, G1 5PX
admin@scrn-recovery.co.uk
0141 429 8181**

**Food & Hot drinks served
at all cafes**

***Activities may be subject
to change***