

SOUTH COMMUNITY RECOVERY NETWORK

October 2025 🎃

Our Weekly Programme

We currently have 3 recovery cafes and 2 groups operating every week here at the SCRn.

These are all peer led and run by our volunteers.

All our cafes/groups are drop in, no referrals required

Monday

Ibrox Recovery Cafe 5.30pm

Tuesday

Women's Group 10.30am

Alcohol Focus Group 2pm

Thursday

Cessnock Recovery Cafe
12.30pm

Bereavement Group
12pm (Fortnightly)

Friday

RAFT 4pm

MAT 5pm

EVERYONE WELCOME

admin@scrn-recovery.co.uk

Tel: 0141 429 8181



New Beginnings

After a hectic and challenging few months we can finally say we have now settled into new premises.

Our main office is now based at 51 Greendyke Street while our cafes and groups run from different premises in the South Side.

There are a few changes within our weekly programme. Glasgow South Recovery Cafe will no longer run on a Wednesday, Wednesdays will now be used for volunteer training and team building days.

We have already began facilitating the groups in the new venues and everyone seems to be adapting well to the changes.

As much as we were all sad to say goodbye to the Adelphi Centre we are feeling positive and looking forward to the future.

SOUTH COMMUNITY RECOVERY NETWORK

Recovery Packed Summer!

Aside from viewing hundreds of properties (not to mention the stress) we managed to enjoy a summer packed full with recovery connection and fun activities.

In partnership with *Rangers Charity Foundation* we hosted a **ROSC Networking Event** at Ibrox Community Complex.

30 Third Sector organisations joined us for a day of networking, collaboration and community building.

Recovery Rhythms provided the dance and movement while *Freed Up* played the tunes.

Beyond bringing people together, these events play a crucial role in raising awareness about the amazing services and support systems available within our local community. Having access to the right resources can make all the difference in a persons recovery journey.



**RANGERS
CHARITY
FOUNDATION**

SOUTH COMMUNITY RECOVERY NETWORK

RECOVERY CONNECTS



As always our team enjoyed the day at Queens Park. We met lots of new and old faces. Live bands and Djs performed in the arena and in true Scottish style the rain came pouring down. What did we do? We embraced it, singing, dancing and lots of laughs in the rain! Thank you to the Recovery Collective for putting on this event every year.



We will see you again next year! :)



Annual Scottish Recovery Walk

An amazing yearly event which brings together people, communities, and families across Scotland to celebrate recovery. This year the walk was held in Stirling. The day began with a beautiful rose memorial ceremony followed by a walk through the streets of Stirling and finishing in Kings Park for the Recovery Festival.

There were fabulous acts on stage performing to the thousands of people that braved the weather conditions to be involved in such a special day. The day finished off perfectly with the serenity prayer. We headed home feeling very grateful for recovery and all it has to offer.



SOUTH COMMUNITY RECOVERY NETWORK

Citywide ROSC Event - Glasgow Green

As part of Recovery Month the ADP held a citywide ROSC event in Glasgow Green. Many third sector organisations were present connecting with each other as well as the hundreds of people that attended. Our staff and volunteers held a stall to promote our service. It was great to see so many adults and children enjoying the music, bouncy castles, short films and recovery shares. The Rapid Relief Team provided free food and hot beverages for everyone which we must say went down a treat.

Two of our volunteers Alex and Roseanne were asked to share their recovery journey with others - they both done great, its not always easy speaking in public to people that you have never met. Well done guys!

Thanks to Donna at Freed Up and the ADP for organising this fun day and thank you for inviting our network.



SOUTH COMMUNITY RECOVERY NETWORK

Cessnock Recovery Cafe

As part of our new programme we have opened a cafe in *Ibrox Parish Church*. This cafe is held on a Thursday and replaces CREW.

It is a great venue with lots of space that we can use for different activities.

We are able to hold our weekly fitness sessions in the large gym hall which *Rangers Charity Foundation* staff kindly facilitate.

Acudetox is also on offer here every week as well as table tennis, a Recovery Share, Food, Tea, Coffee and everyones favourite, prize bingo!

You can find us at 67 Clifford St, G51 1QH every Thursday from 12.30pm - 3.30pm

Recovery Rhythms - DANCE BATTLES



SCRN have once again decided to enter a team into this years 'Dance Battles' which has been organised by Kirsteen at *Recovery Rhythms*.

Our team (which doesn't have a name yet) is made up of staff, volunteers and participants. They have been meeting up every week to practise and are currently enjoying getting out their comfort zones, learning some dance moves and accidentally breaking umbrellas! (a wee clue as to what our theme is)

We are so excited for what will be a brilliant day and can't wait to get up and compete against the other teams. As always everyone will do amazing, its the taking part that counts - right?

SOUTH COMMUNITY RECOVERY NETWORK

We would like to use this space to congratulate our volunteer Scott on his achievements this year so far! Scott volunteers at our Ibrox Cafe on a Monday night and we have watched him go from strength to strength since beginning his recovery journey with us. This year alone Scott has graduated from Second Chance Project, completed Introduction to Psychology with GCA and is currently working towards completing an SVQ in Health & Social Care. Alongside his volunteering, Scott is also on placement with the Simon Community supporting those homeless and living on the streets.

We love to see our volunteers doing so well and will support them in any way we can. Keep smashing it Scott!



We have also welcomed 5 new volunteers, Natasha, Alexis, Chris, Scott and David. They have recently completed the volunteer induction training and have already started in the groups and cafes.

We have a great team of volunteers that facilitate our recovery programme, it is such a pleasure to watch them thrive to be their best selves.

SOUTH COMMUNITY RECOVERY NETWORK

**Well done to our volunteer Yvonne.
Yvonne also recently completed Second
Chance Project 12 month programme.
She is a leading example in our Women's
Group and Cessnock Recovery Cafe.
Well done Yvonne! Keep being you and
acheiving!**



Weekly Programme *beginning Friday 29th August*

IBROX RECOVERY CAFE

Monday
5.30pm - 8pm

Football, TT, Bingo,
Recovery Share
AcuDetox

Ibrox Community Complex
80 Hinshelwood Drive,
G51 2XP

Women's Group

Tuesday
10.30am - 1.30pm

Groupwork, Meditation,
ArtsCrafts
Self Care sessions, Quiz, Bingo

Playbarn Youth Centre
37 Abbotsford Place, G5 9QS

Alcohol Focus Group

Tuesday
2pm - 4pm

Alcohol Focused Groupwork,
Presentations, Recovery Share,
Quiz, Bingo

Playbarn Youth Centre
37 Abbotsford Place, G5 9QS

Cessnock Recovery Cafe

Thursday
12.30pm - 3.30pm

Acudetox, TT, Quiz, Fitness class
Massage, Recovery Share, Bingo

Ibrox Parish Church
67 Clifford Street, G51 1QH

RAFT

Friday
4pm - 8pm

MAT Meeting

Friday
4.45PM - 5.45PM

TT, Massage, Bingo

St. Francis Community Centre
405 Cumberland Street, G5 0SE

Our main office will now be based at

51 Greendyke St, G1 5PX

admin@scrm-recovery.co.uk
0141 429 8181

**Food & Hot drinks served
at all cafes**

***Activities may be subject
to change***

Here are the details of
our new Weekly
Programme.

Our cafes and groups
are drop in - no referral
required.

Come along and grab a
cuppa and give our new
volunteers some work to
do 😊

SOUTH COMMUNITY RECOVERY NETWORK

Contact details -

Main Office - 51 Greendyke Street,
Glasgow, G5 1PX

Tel : 0141 429 8181



admin@scrn-recovery.co.uk
enquiries@scrn-recovery.co.uk



South Community Recovery Network - SCRNR



SouthCommunityRecoveryNetwork



southcommunityrecovery

Follow us on social media for regular updates